

TOOL 2



Co-funded by
the European Union

The Pillowcase Project



Title : The Pillowcase Project | **Developed by** : British Red Cross

Topics : Fires, floods, storms, erosion | **Website** : www.redcross.org.uk

Description

The Pillowcase Project is an emergency preparedness education programme happening globally. The project is being run in six countries to help children learn about weather emergencies in their local area, and how they can prepare and stay safe.

Duration

not specified

Resources needed

Bags and assortment of possible essential objects to consider for inclusion in the bags.

Age

5 to 11 years old.

Expected outcomes

The students are able to learn about types of weather-related emergencies and how to prepare for an emergency. Additionally, they practise how to safely respond to and cope in an emergency and, consequently, they share what they have learnt with their friends and family, increasing community resilience.

Climate change

The tool addresses the topics of climate change, emphasising the necessity of being aware regarding the imminent possibility of emergencies and urging thorough preparation.

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Risk prevention

The significance of natural risk prevention in the present time is highlighted with the tool. Encouraging awareness and preparedness for emergencies prevents and mitigates unnecessary risks in hazardous circumstances.

Management

The management by teachers or specialists is important, yet it remains an activity that can be executed by anyone.

Others

Relevance to CRISEPAC Objectives

The tool is relevant to the CRISEPAC objectives, since students learn about weather emergencies, why they happen and the effect they have on people. Teachers use interactive coping skills and active learning activities for children to feel calmer when faced with an emergency. Students can also take emergency preparedness information and communication plans home to complete with their families.

Possible adaptations

Incorporate an activity to create an emergency grab bag in class.

Weaknesses

It has the potential to affect children who have been impacted by trauma in their lives. Careful consideration should be given before deciding to ask children to share personal feelings about past or future emergencies or traumas.

Strengths

It educates children about emergency preparedness, providing them with knowledge and skills to prepare for and respond to emergencies.

Methodologies

During the sessions children learn about weather emergencies that could affect their local area, practise a range of coping skills, take part in role-plays and scenario-based activities and create and decorate their own emergency grab bag.

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