

Protection Guidelines



Titre: Heatwave

Developed by:

Greek Ministry of Climate
Crisis and Civil Protection

Topics:

- Heatwaves
- Safe practices
- Effects of climate change

Website:

<https://civilprotection.gov.gr/en/odigies-prostasias/kaysonas>

Description

This tool is extracted from the Protection Guidelines of the Greek Ministry of Climate Change and Civil Protection. It lists a series of useful advice on how we can protect ourselves during a heatwave.

Resources needed

Duration

1h00

- Computer with internet access: consists an essential element in order to read and access the Guidelines along with their Supplementary Material. This wealth of resources is translated in 10 languages (EL, EN, FR, DE, ES, IT, RO, SQ, AR, RU).
- Equipment and Supplies: Access to cool environments, water and protective gear.

Age

Suitable for all ages

Relevance to CRISEPAC Objectives

They consist a useful tool for the general audience interested in climate change and its consequences, that can also be exploited by educators that seek to raise awareness in the relevant subject of study and within the context of a classroom.

Expected outcomes

After navigating through this tool, users are expected to be better informed on how to remain safe during heatwaves.



TOOL



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Management

This tool gives a special emphasis on community support and personal care, especially for vulnerable groups. Educators may integrate it into their educational material and adapt them in a format that will enable the best understanding possible from the students' point of view, while encouraging the latter to implement these instructions.

Risk prevention

This tool is of a risk - preventive nature, as it provides us with a series of measures on how to avoid the negative effects of heatwaves, such as staying indoors during peak heat and staying hydrated.

Others

Weaknesses
They lack specific strategies for those without access to equipment such as air conditioning or cooling centers

Strengths
These Guidelines consist of precise and practical advice, that can be implemented by anyone, with a special focus on vulnerable populations.

Possible adaptations
Customizing recommendations for regions with varying infrastructure and climate.

Climate change
Climate change has been proved to increase the occurrence and intensity of heatwaves.



TOOL

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Methodologies

This tool is available on the official website of the Greek Ministry of Climate Crisis and Civil Protection. The material provided can be accessed via the link above.

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