



TOOL

72 Hours Backpack



Title : 72 Hours Backpack

Developed by : Ministry of Defense of the Republic of Latvia

Topics : Emergency situations

Website : www.sargs.lv/lv/tema/72stundas

Description

The "72 hours" is part of a website www.sargs.lv sustained by the Ministry of Defense of the Republic of Latvia. All materials collected in the website are about crisis management. There is possible to find an information and basic action algorithms for each Latvian resident to prepare individually for a possible military threat and war, thereby increasing their chances of surviving in a violent environment, including a natural disaster.

Duration

Differs depending on chosen format

Resources needed

To use the materials we need:

- Computer
- Internet connection
- Optional - printed PDF tools

Age

Suitable for all ages

Relevance to CRISEPAC Objectives

The material is relevant to the CRISEPAC project because it contains practical suggestions on how to act in critical situations.

Expected outcomes

By exploring the material students and parents can get the information on how to act in emergency situations.

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Management

The materials can be used as real tools for working with students teaching how to prepare before and how to act in the first 72 hours of a crisis situation. Main focus is to prepare a backpack that will help to survive the first 72 hours of crisis situation.

Risk prevention

All the materials offered on this platform are as a first instruction on how to act individually or within the family in the first hours of various crisis situations.

Others

Weaknesses

The materials are informative and applicable to the whole society. They are not adapted specific as a tool for use in schools as a complete lesson.

Strengths

Informative booklets for actions in crisis situations are well designed and user-friendly, they can be printed and used at any time.

Possible adaptations

Good basic material to complement pedagogical work in schools with both students and parents.

Climate change

Increasing extreme weather events and natural disasters, such as floods, wildfires, and hurricanes, asks for an effective emergency response strategies and preparedness plans, highlighting the need for resilience and adaptability in communities facing the impacts of a changing climate.

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Methodologies



A manual is divided in three main sections. In the first section, you can find practical advice on how to prepare and protect yourself and your family morally and physically. Provided recommendations - how to react and help other fellow human beings who may need specific support due to the enemy's aggression. The "National Resilience" section emphasises the main functional responsibilities of the state and local governments, as well as the National Armed Forces, and also indicates the ways in which civilians who cannot participate in armed struggle can support the armed forces and implement civil non-violent resistance.

The tool includes various instructions, booklets and videos that can be used as a guide for any emergency event in Latvia - a large flood, a fire, or a significant storm and war. There is available booklet in English with practical suggestions on what to do in case of crisis:

www.sargs.lv/lv/brochure-what-to-do-in-case-of-crisis

More information : Ministry of Defense of the Republic of Latvia